

LUNCH: 9:00am-3pm

EAT HEALTHY SOUTHERN STYLE

Salads

(Grab and Go. Made fresh daily.)

Caesar Salad – Crisp romaine lettuce with asiago cheese and homemade cornbread croutons \$6.75

Add Chicken \$3 Add Shrimp \$5 Add Crab cake \$10

Southwestern Salad - Mixed greens, tomatoes, pepper strips, walnuts, cranberries \$7.75

Add Chicken \$3 Add Shrimp \$5 Add Crab cake \$10

Southern Cobb Salad - Romaine lettuce, tomato, red onions, bacon, hard-boiled egg. \$8.45

Add Chicken \$3 Add Shrimp \$5 Add Crab cake \$10

Rice

Saffron Rice Vegetali - Saffron rice tossed with seasonal vegetables and sauced with garlic parmesan & BBQ. \$6

Add chicken \$3 | Add shrimp \$5 | Add ribeye steak \$5

Wraps/Tacos

Chicken Caesar Wrap- Fresh lettuce, Asiago cheese, our signature Caesar dressing and grilled chicken. \$6.25

Crispy Chicken Wrap – Fresh lettuce, tomatoes, cheese, our signature roasted pepper dressing and crispy chicken. \$6.25

Shrimp Wrap- Fresh lettuce, tomatoes, cheese, our signature roasted pepper dressing and sautéed shrimp. \$7.95

Blackened Catfish Tacos (3) - Three tacos with lettuce, homemade salsa, blackened catfish and our special Cajun sauce. \$9.00

Sandwiches

Southwestern Club - Roasted turkey breast, bacon, lettuce & tomatoes with ranch dressing on wheat toast. \$4.95

Curry Chicken Melt - Curry chicken salad toasted with Colby Jack cheese on wheat toast. \$5.75

Ham and Turkey Club - Ham, turkey, bacon, lettuce & tomatoes on triple layers of white toast. \$5.95

Turkey Burger - with grilled onions, mushrooms and provolone cheese on a brioche bun. \$6.75

COMFORT FOOD

Seafood

Catfish Sandwich & Fries - Southern fried or Blackened catfish served on a brioche bun with our homemade remoulade sauce. \$8.75

Catfish Fritters & Fries - Southern fried catfish with our homemade remoulade sauce. \$8.75

Fried Shrimp & Fries - Jumbo fried shrimp with fries \$8.75

Lump Crab Cake Sandwich & Fries - A 5 oz. Maryland lump crab cake served on a brioche bun with lettuce, tomatoes and our homemade remoulade sauce. \$11.75

Burgers & Ribs

Basic Cheese Burger - Angus beef, lettuce, tomato and cheese on a brioche bun. \$5.75

Next Phaze Burger - Angus beef, topped with BBQ sauce, cheddar jack cheese and Applewood bacon, lettuce and tomato on a brioche bun. \$7.75

Baby Back Ribs - Tender ribs with our signature BBQ sauce. \$8.75

Chicken

Next Phaze Wings (6 pc) - Choice of BBQ, buffalo, sweet jerk, Old Bay, honey Old Bay, garlic parmesan, honey lemon pepper. \$5.75

Chicken n Waffles - Battered chicken & a Belgian waffle. \$9.75

BBQ Chicken Breast - Grilled chicken breast served with lettuce, tomato and cheddar jack cheese on a brioche bun. \$6.50

Specialty Items

Fried Catfish Tacos (3) -Three tacos with lettuce, home-made salsa, catfish and our special Cajun sauce. \$9.00

Bayou Pasta - Roasted chicken, julienne peppers, spinach, and Cajun Alfredo sauce served over penne pasta. \$10.50

Shrimp n Grits - Country grits topped with a light creole ragu and sautéed shrimp. \$11.75

Ribeye Steak Wrap - Ribeye steak, peppers, onions, tomatoes & our signature roasted pepper dressing. \$8.75

Sides: Sweet Potato Fries - \$2.95 | Fries - \$1.95 | Cornbread - \$1.95
 Mac N Cheese - \$3.95 Chams - \$2.95 | Seasonal Vegetables - \$2.95

Beverages: Soda/Juice - \$1.59 | Bottled Water - \$1.25 | Coffee/Tea - \$1.59